

# CLINICAL TREATMENT SOP

## HAIR

### 1. CLEAR Scalp THERAPY

INDICATION -TO CLEAR DANDRUFF

DURATION -30 MINS

INTERVAL- 7/ 10 DAYS

#### STEPS

- ❖ CLEANSE THE SCALP WITH ALCOHOL SWAB- 5 MINS
- ❖ SCRUB ALL AREAS OF SCALP WITH WOODEN COMB- 5 MINS
- ❖ OXY JET IONISATION COMB - 15 MINS
- ❖ APPLY DANDRUFF PACK YELLOW BSC TO ALL AREAS OF SCALP AND PUT THE SHOWER CAP AND SEND. 5 MINS
- ❖ ADVISE CLIENT TO LEAVE THE PACK FOR 2HRS AND ASK THE CLIENT TO WASH AT HOME

#### HOME CARE

Folifast Tincture- EVERY ALTERNATE DAY APPLY IN THE NIGHT AND WASH NEXT DAY MORNING

SHAMPOO – keto shampoo or scalpe NORMAL/DRY/FINE HAIR

### 2.SCALP STIMULATING THERAPY

INDICATIONS- TO CONTROL HAIR FALL AND STIMULATE HAIR CYCLE

DURATION- 40 MIS

INTERVAL- 7- 10 DAYS

#### STEPS

- ❖ CLEANSE THE SCALP WITH ALCOHOL SWAB- 5 MINS
- ❖ SCRUB ALL AREAS OF SCALP WITH WOODEN COMB- 5 MINS
- ❖ OXY JET - 10 MINS
- ❖ LASER – 10 MINS
- ❖ APPLY REVITALISING SOLUTION 2ML ALL OVER SCALP AND DO BIO IONISATION COMB STIMULATION- 10 MINS

#### HOME CARE

Follirich HAIR SERUM- DAILY NIGHT APPLICATION

SHAMPOO –sulphate paraben free NORMAL/DRY/FINE HAIR

### 3. FOLLICLE/ROOT STIMULATING THERAPY

INDICATION- TO STRENGTHEN WEAK ROOTS, TO RETAIN EXISTING HAIR AND MAKE IT STRONG IN ALL TYPE OF HAIR LOSS .

DURATION - 1HR 15 MINS

INTERVAL—10 DAYS

#### STEPS

- ❖ CLEANSE THE SCALP WITH ACHOHOL SWAB- 5 MINS
- ❖ APPLY TOP LAP (L.A) LIGNOCAINE CREAM ON AFFECTED AREA
- ❖ LASER MACHINE STEPS
- ❖ OXY JET – 15MINS
- ❖ R.F COMB- 10 MINS
- ❖ LLLT – 20 MINS
- ❖ MICRO NEEDLE- USING BIO STEM CELLS – 15 MINS
- ❖ WEAR SHOWER CAP AND SEND THE CLIENT HOME, ASK TO WASH HAIR NEXT DAY MORNING .

#### HOME CARE

Follirich serum DAILY NIGHT APPLICATION

SHAMPOO – - NORMAL/DRY/FINE HAIR

HEALTHY HAIR SUPPLEMENT(Saw palmetto and Biotin rich) VB7FORTE supplement– MEN/WOMEN

### 4. BIO HAIR REGEN THERAPY (BHRT) ( WITH ACTIVATED STEM CELLS AND STIMULATION FACTOR )

INDICATION- AGA – MEN AND WOMEN AND ALL TYPE OF HAIR LOSS CONDITION.

DURATION- 1 HR 15 MINS

INTERVAL- 10 DAYS

#### STEPS

- ❖ CLEANSE THE SCALP WITH ACHOHOL SWAB- 5 MINS
- ❖ APPLY TOP LAP (L.A) LIGNOCAINE CREAM ON AFFECTED AREA
- ❖ LASER MACHINE STEPS- 5MINS
- ❖ OXY JET – 15MINS
- ❖ BIO IONISATION COMB- 10 MINS
- ❖ LLLT – 20 MINS

- ❖ MICRO NEEDLE- USING REVIVAL FACTOR AND WEAR SHOWER CAP AND SEND THE CLIENT HOME, ASK TO WASH HAIR NEXT DAY MORNING .

HOME CARE

Same as above

## SURGICAL / AESTHETIC TREATMENT

### 5.BIO ACTIVATED PRP( PLATELET RICH PLASMA THERAPY)

INDICATION- ADVANCED GRADE OF AGA – MEN AND WOMEN AND ALL TYPE OF HAIR LOSS CONDITION.

DURATION- 1 HR

INTERVAL- 1/ MONTH

STEPS

- ❖ CLEANSE THE SCALP WITH ACHOHOL SWAB- 5 MINS
- ❖ APPLY TOP LAP (L.A) LIGNOCAINE CREAM ON AFFECTED AREA
- ❖ PREPARE BIO PRP CONCENTRATE
- ❖ INJECT PRP CONCENTRATE TO AFFECTED AREAS
- ❖ PUT SHOWER CAP AND SEND THE CLIENT HOME.

NOTE- PATIENT CAN GET BACK TO HIS NORMAL WORK THE NEXT DAY OF THE PROCEDURE

HEAD WASH TO BE DONE ONLY THE NEXT DAY OF THE PROCEDURE.

HOME CARE- same

### 6.BIO ACTIVATED MICRO GRAFT HAIR TRANSPLANT

INDICATION- 3- 7 GRADE OF AGA – MEN AND WOMEN

DURATION- 7- 8HRS

INTERVAL- SINGLE SESSION

STEPS

- ❖ NO OF FOLLICLES DEPENDS ON THE GRADE OF BALDNESS
- ❖ ONE DAY OP PROCEDURE
- ❖ 8-10 HRS DURATION

- ❖ PREFERABLY 2 DAYS INDOOR REST POST PROCEDURE
- ❖ CAN GET BACK TO NORMAL DAY TO DAY ACTIVITY AFTER 3 DAYS OF PROCEDURE
- ❖ 1 WEEK COURSE OF ANTIBIOTICS & ANALGESIC HAS TO BE TAKEN FOR 1 WEEK.

## 7. SCALP MICRO PIGMENTATION

INDICATION- AGA ANY GRADE , AGA POOR DONOR, ALOPECIA AREATA

DURATION – 1 – 2 HOURS

INTERVAL – SINGLE SESSION

STEPS

- ❖ CLEANSE THE SCALP
- ❖ MARK THE AREA TO BE TREATED
- ❖ LOAD THE PIGMENT IN THE NEEDLE
- ❖ INJECT THE PIGMENT AND CREATE PROPER FILLING EFFECT

## 8. A) NON SURGICAL HAIR IMPLANT

INDICATION- ALOPECIA AREATA, AGA POOR DONOR, CHEMOTHERAPY HAIR LOSS

DURATION – 1 HR

INTERVAL – SINGLE SESSION

STEPS

- ❖ CLEANSE SCALP
- ❖ CHECK AND MARK THE AREA FOR FIXATION
- ❖ TAKE THE CUSTOMMADE SKIN PATCH PLACE IT ON THE MARKED AREA
- ❖ CHECK WITH THE CLIENT FOR HIS STYLING CHOICE
- ❖ WASH THE SKIN, BLOW DRY
- ❖ AND FIX IT WITH THE GRIP STRIP METHOD
- ❖ CUT STYLE AND GEL THE HAIR

## 8. B) MICRO LINK HAIR EXTENSION

INDICATION- TO ENHANCE LENGTH AND VOLUME FOR WOMEN AND MEN

DURATION – 1 – 3 HOURS

INTERVAL – SINGLE SESSION

STEPS

- ❖ CHECK THE CLIENT S REQUIREMENT FOR NO OF STRANDS TO BE ATTACHED
- ❖ FIX THE STRANDS TO THE BEADS STRAND BY STRAND.
- ❖ FIX THE BEADED STRAND TO THE CLIENTS HAIR FROM THE MID WAY
- ❖ CUT , STYLE AND GEL THE HAIR .